



St Martin's Toddler Group
September/October 2019

Welcome to our new friends who are just starting at toddlers and we look forward to finding out more about you and your child.

This month we are offering you the chance to come along for **FREE**. Bring one new family to the group and you and your child can attend that week for free. Lets grow the group together and make new friends. (Family is one adult and one or more children.)

Our theme over the next few weeks: Autumn We have lots of different crafts for you to take part in. The playdough is always popular in our craft area. If you would like to buy some playdough, let Sarah know and she will make it for you and bring it in the following week. Fresh playdough and 4 cutters - £3.

As we continue our **healthy eating** at toddler group, the children have been enjoying an array of fresh fruits and vegetables at snack time. **Each child** is encouraged to bring in **one piece** of fruit or a vegetable and it is cut up at snack time and shared with all the little ones. It's good to see the children trying new foods. We are now offering milk and water for them to drink instead of juice.

Adult refreshments:

If you're feeling chilly, come to group and have a hot chocolate or tea/coffee and some nice warm buttered toast. Just ask one of our lovely volunteers in the kitchen.

Group Donations: We are currently running low on decaffeinated teabags/ decaffeinated coffee, chocolate biscuits for adults and end of session stickers. If you're able to donate any of these items it would be gratefully received.

Paediatric First Aid course for parents and carers - Saturday 16th November, 10am-12 noon. This 2hr course will be here in the hall and will cover how to deal with choking, bleeding, head injury and CPR. The course is suitable for anyone who looks after a child. In an emergency situation it is better to know something, rather than know nothing. If you would like to put your name down let a volunteer know or ring Sarah 07952 524819. The cost (tbc) will be under £20 per person. Let your friends know too.

General reminders:

- ✓ Please ensure you are sitting with your child at the snack table. When they have finished they can put their bowl and cup into the washing up bowl, located to the right of the kitchen door, ready for washing up.
- ✓ All food and drink should be taken sitting at the table. Walking around with a mouthful of food can cause choking.
- ✓ Sticky fingers will need wiping, to keep our toys and floors clean.
- ✓ Adults should keep to the snack area for hot drinks, to avoid accidents
- ✓ One last thing - if you are on your mobile, you are not looking after your child. Please ensure you keep an eye on your child, helping them to share toys and make new friends.

Dates to note:

10 Sept - Start of 1st part autumn term

22 Sept - National Heritage Day, St Martin's - 2.30-5.30pm All welcome.

15 Oct - Last day of half term

22 & 29 Oct - no group

5 Nov - Start of 2nd part autumn term

Birthdays:

If it is your child's birthday, please let the volunteer on the reception desk know, so we can arrange a card for your child and sing to them at circle time.

Interesting articles to pick up:

I've found some interesting articles in the magazine 'Under 5' and local press, which I've copied and will have available on the reception desk for you to pick up:-

- Push the button
- The importance of being mindful
- Timetable of the Blenheim Centre activities for young children

Contact details:

Toddler Group Leader - Sarah 07952 524819

Email: stmartinstoddlers@gmail.com / Website: www.stmartinchelsfield.co.uk

Reverend John Tranter - 01689 825749

Family Worship every Sunday @ 10am, all welcome.

For baptisms, weddings and other appointments, please contact Reverend John Tranter

Tel: 01689 825749